

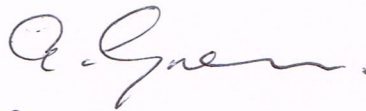
**HUGG Healing Untold Grief Groups
Company Limited by Guarantee**

Directors' Report & Unaudited Financial Statements


For the year ended 31 December 2020

Certified as a true copy:

Adam Grennan
Director



David Varian
Director



Registered Company Number: 640420

HUGG Healing Untold Grief Groups CLG

Unaudited financial statements

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HUGG Healing Untold Grief Groups CLG

Directors and other administrative information

Directors	Adam Grennan (appointed 13 December 2019) Laura McDonnell (appointed 3 June 2020) Catherine Brogan (appointed 11 November 2020) Gabrielle Murphy (appointed 1 January 2021) Ronan Gallagher (appointed 17 February 2021) Sebastian Hamilton (appointed 17 February 2021) David Varian (appointed 12 May 2021) Fiona Tuomey (appointed 20 December 2018, resigned 7 July 2020) Carol Milton (appointed 20 December 2018, resigned 31 December 2020) Michael Darcy (appointed 20 December 2018, resigned 7 April 2021) Orla Gilroy (appointed 22 April 2020, resigned 19 August 2020)
Company Secretary	Lisa Connaughton (appointed 26 August 2020) Fiona Tuomey (appointed 20 December 2018, resigned 26 August 2020)
Registered office	4 Kilvere Park, Cypress Downs Templeogue Dublin 6W
Bankers	Ulster Bank 10/12 Greenhills Road Walkinstown Dublin 12
Company Number	640420
Registered Charity Number	20204480

HUGG Healing Untold Grief Groups CLG

Directors Report

The Directors present their Annual Report and unaudited financial statements for the period ended 31 December 2020 of HUGG Healing Untold Grief Groups CLG. The Directors' confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS102). The company was incorporated in December 2018.

Principal Activity, business review and background

HUGG, a Not for Profit company, with its main aim to provide reactive grief support and advice to suicide bereaved adults, raise public awareness of both the impact of suicide on the bereaved and the service provided by HUGG, and encourage and participate in suicide postvention research.

Objectives and Activities

HUGG supports adults who have been bereaved by suicide by reducing isolation and stigma and promoting resilience and healing. We work to achieve this through the provision of peer support groups led by trained volunteers with lived experience, by the provisions of telephone support and by developing the HUGG.ie website as a reservoir of information on suicide bereavement.

Main activities undertaken to further the Charity's purposes for public benefit.

- Providing peer support groups which promote social connection and coping mechanisms, led by volunteer facilitators who have taken part in evidence-based theoretical and practical training provided by HUGG, and who have themselves been bereaved by suicide.
- Providing training to volunteer facilitators in the theory and practice of suicide bereavement group leadership, to enable HUGG to expand to provide support in all areas wherever that support is needed.
- Providing Information and awareness through HUGG.ie, other social media and literature for suicide bereaved adults who wish to access group support, and signposting to other agencies in the field of suicide prevention, intervention and postvention.
- Liaising and exchanging information with similar organisations and groups in Ireland and abroad.
- Encouraging and participating in suicide postvention research.

Achievements and Performance

The initial impact of COVID-19 on our core service, the delivery of Peer Support Groups for people bereaved by suicide, was severe. All Peer Support Groups, which would normally take place in local hotels, could no longer meet, and planned 'in person' training was also cancelled. In person Board Meetings were impacted too.

HUGG moved quickly to mitigate the effect of these challenges by moving all Peer Support Groups online, which allowed us to continue to support existing attendees, and creating **two additional online groups** in direct response to a developing need to offer the service to even more people across the country.

HUGG Healing Untold Grief Groups CLG

Directors Report (continued)

Before COVID we ran a **residential training weekend** in Portlaoise and then to continue recruiting and training new volunteers we planned and delivered our very first entirely **online training weekend** later in the year. A total of 24 new volunteers attended the training (12 in person and 12 online).

All **HUGG Board Meetings** were moved online, without any interruption in the planned schedule or impact on governance or other key objectives. A Company Secretary and two new Directors were recruited to the HUGG Board, replacing two existing Directors who retired during the year. With the help of an external consultancy company, the HUGG Board designed and developed a **Strategic Plan** detailing key priorities for the next three years, from 2021–2023.

The **HUGG website** was launched in early 2020 as a resource, signposting and information site for those bereaved by suicide and those supporting the bereaved and later in the year a **promotional video**, aimed at raising awareness of the services offered by HUGG, was launched on multiple social media platforms.

Other key activities included:

- Delivering a presentation to the Irish Hospice Foundation National Conference on bereavement during the pandemic
- Moving paper based volunteer processes online
- Collaborating with the Irish Hospice Foundation (IHF) and the National Office for Suicide Prevention (NOSP) to create video testimonies of HUGG attendees for inclusion in the national training programme on 'working with the suicide bereaved'.
- Developing new ways of raising funds from the public

Results

These financial statements reflect the affairs of the Charity. The company has a net income surplus for the year ended 31 December 2020 of €7,189 (2019: surplus €29,375). The directors are satisfied that these results meet expectations. The general unrestricted fund reserves brought forward at 31 December 2020 amount to €36,564 (31 December 2019: €29,375). There are no restricted reserves at 31 December 2020.

Principal Risk and Uncertainties

The Directors are aware of the major risks to which the company is exposed, in particular those related to the operations and finances of the organisation, and are satisfied that systems are in place to mitigate exposure to the major risks.

Events after the end of the financial period

No significant events have occurred since 31 December 2020, which require disclosure in the financial statements. Currently there is no requirement for any adjustment as a result of the Covid-19 related restrictions in Ireland.

Directors and Secretary and their interests

The names of the Directors and Secretary of the Company, during the period are given on page 1. The Directors are also Trustees for the Charity. The directors and secretary had no interests in the company at any time during the year and in the preceding period since incorporation. The Directors are also members of the Company.

The directors are required to retire by rotation in accordance with the Constitution of the Company. There have been no contracts or arrangements of significance during the period in which the Directors of the Company were interested.

HUGG Healing Untold Grief Groups CLG

Directors Report (continued)

Going concern and Reserves

The financial statements have been prepared on a going concern basis. The Directors have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

The financial statements do not include any adjustments that would result if the Company was unable to continue as a going concern.

The Directors continue to review the reserves held by the Company with the policy of holding at least three months expenditure as a cash reserve.

Political Donations

There were no political donations which require disclosure under the Electoral Act, 1997.

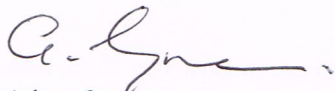
Accounting records

The measures taken by the directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The books are maintained at the registered office.

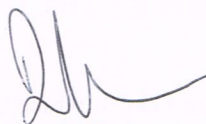
Auditors

The Company does not require an audit this year so the Directors have agreed to present unaudited financial statements.

On behalf of the board



Adam Grehnan
Director



David Varian
Director

Date: 9 June 2021

HUGG Healing Untold Grief Groups CLG

Statement of directors' responsibilities for the members' unaudited financial statements

These financial statements have been extracted, pursuant to section 353 of the Companies Act 2014, from the statutory financial statements prepared under section 290 of that Act. The following is the Directors Responsibilities Statement accompanying those financial statements.

The Directors are responsible for preparing the Directors Report and Financial Statements in accordance with the applicable law and regulations in Ireland.

Irish company law to charities requires the directors prepare financial statements for each financial period which give a true and fair view of the assets, liabilities and financial position of the company as at the financial period end and of the profit or loss of the company for that financial period. Under the law, the directors have elected to prepare financial statements in accordance with the Companies Act 2014 and FRS 102, the Financial Reporting Standard applicable in the UK & Republic of Ireland issued by the Financial Reporting Council. In preparing those financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Observe the methods and principles in the Charities SORP
- State whether applicable accounting standards have been followed, identify those standards and note the effect and reasons for any material departures from those standards which should be explained in the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

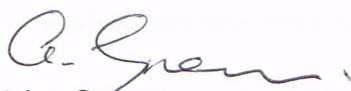
The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and which enable them to ensure that the financial statements and Directors Report comply with the Companies Act 2014, the Charities Act 2009, the provisions of the Trust Deed and all Regulations to be construed as one with those Acts. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the company and to prevent and detect fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements as set on pages 1 to 13:

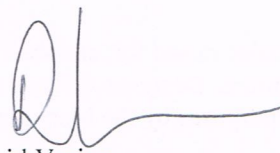
1. The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.
2. The directors confirm that to the best of their knowledge and belief, the accounting records reflect all transactions of the company for the period ended 31 December 2020.

On behalf of the board



Adam Grennan
Director

Date: 9 June 2021



David Varian
Director

HUGG Healing Untold Grief Groups CLG

Statement of accounting policies

For the period ended 31 December 2020

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Company Information

HUGG Healing Untold Grief Groups CLG is a company limited by guarantee, domiciled and incorporated in Ireland.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention (modified to include certain items at fair value) in accordance with the SORP applicable to Charities and accounting standards of the Financial Reporting Council generally accepted in Ireland and Irish statute comprising the Companies Act 2014 and the Accounting standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council. The Company constitutes a public benefit entity as defined by FRS 102.

The company qualifies as a small company for the period, as defined by Section 280A of the Act, in respect of the financial year, and where applicable has applied the rules of the 'Small Companies Regime' in accordance with Section 280C of the Act and Section 1A of FRS102.

The financial statements are prepared in Euro which is the functional currency of the Company.

Statement of Compliance

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102)). T

Going concern

The directors have at the time of approving the financial statements, a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

Cash flow statement

The company is availing itself of the specific exemption provided for by Section 352 of the Companies Act 2014: the company has done so on the grounds that it is entitled to the benefit of the exemption as a small company and confirm that the Financial Statements have been properly prepared in accordance with section 353 Companies Act 2014. The exemption under the Charities SORP is also met.

Taxation

The company is exempt from taxation due to its charitable status in Ireland.

Fund Accounting

Restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor imposed conditions. Designated funds are monies set aside of unrestricted general funds and designated for specific purposes by the Management team.

Turnover/Income

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the bank.

Volunteers

In accordance with the Charities SORP and FRS 102 volunteer time is not recognised.

Expenditure/liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Company to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is allocated or apportioned to the applicable expenditure headings. All expenditure is stated inclusive of irrecoverable VAT.

Cash & cash equivalents

Cash consists of cash on hand and bank demand deposits. Cash equivalents consist of the short term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change of value.

Other financial assets and liabilities

Trade and other receivables and payables are stated at cost less impairment, which approximates fair value given the short dated nature of these assets and liabilities.

Loans and borrowings

All loans and borrowings, both assets and liabilities are initially recorded at the present value of cash payable to the lender in settlement of the liability discounted at the market interest rate. Subsequently loans and borrowings are stated at amortised cost using the effective interest rate method. The computation of amortised cost includes any issue costs, transaction costs and fees, and any discount or premium on settlement, and the effect of this is to amortise these amounts over the expected borrowing period. Loans with no stated interest rate and repayable within one period or on demand are not amortised. Loans and borrowings are classified as current assets or liabilities unless the borrower has an unconditional right to defer settlement of the liability for at least twelve months after the financial period end date.

Judgements and key sources of estimation uncertainty

The preparation of financial statements in conformity with FRS 102 requires management to make judgements, estimates and assumptions that affect the application of accounting policies and the reported amounts of assets, liabilities, income and expenses. The directors consider the accounting estimates and assumptions below to be its critical accounting estimates and judgements:

- Going Concern

HUGG Healing Untold Grief Groups CLG

Statement of Financial Activities

For the year ended 31 December 2020

	<i>Note</i>	Year ended 31-Dec-20 €	Year ended 31-Dec-19 €
Income	2	31,355	38,776
Operating expenditure	3	(24,166)	(9,401)
Net Operating income - charity operations		7,189	29,375
Net movement in funds in the period		7,189	29,375
Total funds reserve at the beginning of the year		29,375	0
Total funds reserve at the end of the year		36,564	29,375

These financial statements have been prepared in accordance with the Small Companies Regime.

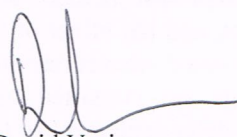
The financial statements were approved by the Board and authorised for issue on 9 June 2021 and signed on behalf of the Board by:



Adam Grennan

Director

Date: 9 June 2021



David Varian

Director

HUGG Healing Untold Grief Groups CLG

Balance sheet - At 31 December 2020

	<i>Note</i>	31-Dec-20 €	31-Dec-19 €
Current assets			
Cash	6	36,564	29,375
		<hr/>	<hr/>
		36,564	29,375
Creditors:			
Amounts falling due within one year		0	0
		<hr/>	<hr/>
Net current assets		36,564	29,375
		<hr/>	<hr/>
Net assets		36,564	29,375
		<hr/>	<hr/>
<i>Financed by:</i>			
Restricted funds reserve	7	0	0
Unrestricted funds reserve	7	36,564	29,375
		<hr/>	<hr/>
Total Funds reserve		36,564	29,375
		<hr/>	<hr/>

These financial statements have been prepared in accordance with the Small Companies Regime.

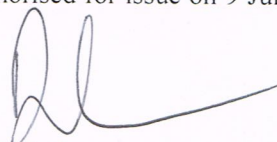
The company is availing itself of the specific exemption provided for by Section 352 of the Companies Act 2014: the company has done so on the grounds that it is entitled to the benefit of the exemption as a small company and confirm that the Financial Statements have been properly prepared in accordance with section 353 Companies Act 2014.

The financial statements were approved by the Board and authorised for issue on 9 June 2021 and signed on behalf of the Board by:



Adam Grennan
Director

Date: 9 June 2021



David Varian
Director

Directors Statement

We, as Directors of HUGG Healing Untold Grief Groups CLG, state that:

1. The company is availing itself of the specific exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014;
2. The company is availing itself of the exemption on the grounds that the conditions specified in s.358 are satisfied,

Directors Statement (continued)

3. The shareholders of the company have not served notice on the company in accordance with section 334(1) in accordance with s.334 (2);
4. We acknowledge the company obligations under the Companies Act 2014, to keep adequate books of account and to prepare Financial Statements which give a true and fair view of the assets, liabilities and the financial position of the company at the end of its financial period and of its profit or loss for such a period and to otherwise comply with the provisions of the Companies Act 2014 relating to Financial Statements so far as they are applicable to the company;
5. We hereby certify that the Company has relied on the specific exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to the benefits of those exemptions as a small company and the Financial Statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

The financial statements were approved by the Board and authorised for issue on 9 June 2021 and signed on behalf of the Board by:



Adam Grennan
Director



David Varian
Director

Date: 9 June 2021

HUGG Healing Untold Grief Groups CLG

Notes

Forming part of the financial statements

1 Critical Accounting Estimates & Judgements

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. There are no material adjustments to estimates and assumptions from previous periods in these accounts.

2 Income

An analysis of the Company's income is as follows:

	Unrestricted Funds 2020 €	Restricted Funds 2020 €	TOTAL Year ended 2020 €
Donations & Fundraising events	31,355	0	31,355
Total Income	31,355	0	31,355

	Unrestricted Funds 2019 €	Restricted Funds 2019 €	TOTAL Year ended 2019 €
Donations & Fundraising events	38,776	0	38,776
Total Income	38,776	0	38,776

HUGG Healing Untold Grief Groups CLG

Notes (continued)

3 Operational costs

	31-Dec-20	31-Dec-19
	€	€
Office expenses	2,461	1,442
Travel, Accommodation & Subsistence	3,608	2,533
Professional fees/training	9,468	3,489
Marketing & development	6,188	1,170
IT & communications	1,537	244
Other	904	523
	<u>24,166</u>	<u>9,401</u>

All expenditure was unrestricted in 2020 and 2019.

4 Directors and their interests and related party transactions

The Directors details are given on page 1 of this Report. All are volunteers. The Directors received no remuneration for their services during the period ended 31 December 2020 or in the period to 31 December 2019.

The directors and secretary had no interests in the company at any time during the year and in the preceding period since incorporation. The directors are required to retire by rotation in accordance with the Constitution of the Company. The Directors are members of the company.

There have been no contracts or arrangements of significance during the period in which the Directors of the Company were interested.

There were no related party transactions during the financial periods of 2020 or 2019.

5 Employees and staff costs

The Company had no employees during the period ended 31 December 2020 or in the period to 31 December 2019. As a result staff costs are nil for both periods.

6 Cash and bank

	31-Dec-20	31-Dec-19
	€	€
Bank balances	36,564	29,375
	<u>36,564</u>	<u>29,375</u>

HUGG Healing Untold Grief Groups CLG

Notes (*continued*)

7 Funds reserve

	Funds Reserve Unrestricted €	Funds Reserve Restricted €	Total €
Balance at 1 January 2019	0	0	0
Year ended 31 Dec 2019			
Net Income for the year	29,375	0	29,375
Balance at 31 December 2019	29,375	0	29,375
Year ended 31 Dec 2020			
Net Income for the year	7,189	0	7,189
Balance at 31 December 2020	36,564	0	36,564

During 2019 and 2020 there was no restricted income and subsequently no restricted expenditure.

8 Commitments and contingencies

There are no commitments or contingencies as at 31 December 2020 or at 31 December 2019.

9 Events after the balance sheet date

No material post balance sheet events have occurred since 31 December 2020, which would require an adjustment to these financial statements or a note thereto. Currently there is no requirement for any adjustment as a result of the Covid-19 related shutdown in Ireland.

10 Ultimate controlling party

The company is controlled by the Board of Directors.

11 Approval of financial statements

The Board of Directors approved these financial statements on 9 June 2021.