

# HUGG IN A MUG



## FUNDRAISER

# JOIN ME FOR A HUGG IN A MUG MOMENT THIS FEBRUARY

### Event Details

Date \_\_\_\_\_

Time \_\_\_\_\_

Location \_\_\_\_\_

Funds raised will support free suicide bereavement support groups, a telephone helpline, and essential resources on coping with suicide grief.

**HUGG, Hope and Healing After Suicide.**

**[www.HUGG.ie](http://www.HUGG.ie)**