

Heights of Hope Abseil for HUGG

Support After Suicide



Support me to reach the Heights of Hope

This **September**, I'm taking on a powerful challenge abseiling **42.5 metres** from **Thomond Park** to raise vital funds for **HUGG**, the national organisation supporting people bereaved by suicide.

Every donation will help HUGG continue to provide free, compassionate support to adults facing the unimaginable grief of suicide loss.

Please scan the QR code to donate today.
Together we can offer hope after suicide.

